

COVID-19 RESPONSE – *UPDATED JANUARY 14 2022*

EXPOSURE

If a participant tests positive for COVID-19 and had attended ringette activities in the preceding five days, they will need to inform their Club Association.

The Club Association will communicate to participants who may have been exposed to COVID-19. Response will vary depending on the age of the participants and the restrictions in place. Please note that regions and Health Authorities may have differing protocols.

Club Associations must notify Ringette BC of COVID-19 exposure events in their Club Association within 24 hours of being advised.

ISOLATION REQUIREMENTS AND PROTOCOLS

Ringette BC is following isolation protocols as outlined by the BC Center for Disease Control. Isolation requirements may vary within the Province of BC by region and Health Authority. If a participant reports testing positive for COVID-19 to the Club Association, the local Club Association should consult their Health Authority for guidance.

GENERAL ISOLATION REQUIREMENTS:

Fully Vaccinated

For individuals who are fully vaccinated (received a full series of an approved vaccine¹), the [BC CDC](#) requires an individual who tests positive for COVID or, who have mild symptoms of COVID-19 and are not able to be tested, to isolate for a minimum of **five (5) days** after you first started exhibiting symptoms or from the date you tested positive IF you did not have symptoms.

In addition, the individual must continue to wear a mask in higher risk settings; even in places where masks are not required for an additional five (5) days AFTER isolating.

This means that the participant is unable to participate in ringette activities for another five (5) days after isolating as they cannot remove their mask. The participant can attend and watch ringette as long as they are wearing their mask.

Not-Fully Vaccinated

For individuals who are not-fully vaccinated (have not received a full series of an approved vaccine) and test positive for COVID-19, the [BC CDC](#) requires the individual to isolate for a minimum of **10**

¹ Booster shots are in addition to a full series and are not required to be considered fully vaccinated, at this time.

days after you first started exhibiting symptoms or from the date you tested positive IF you did not have symptoms.

SCREENING PROTOCOLS

SCREENING PROTOCOLS AND QUESTIONS

As COVID-19 Safety Plans remain in effect for local Sport organizations in some regions and may be required by facilities operators, the screening questions have been updated.

All Club Associations will need to ensure that as participants arrive for ringette activities at the facility that they are asked the following screening questions. For minors, these questions should be asked with a parent/guardian present by an adult volunteer. Questions should be asked before athletes enter the facility.

Club Associations are welcome to collect Health Check's electronically through online forms or TeamSnap or using the Ringette BC [Health Check form](#).

SCREENING QUESTIONS:

1. Are you exhibiting any symptoms of COVID-19 such as fever, sore throat, cough, severe chest pains, extreme fatigue, nausea or vomiting?
2. Has any member of your household been experiencing COVID-19 symptoms within the last 10 days or self-isolating in the last 10 days?
3. Have you or anyone in your household travelled outside of Canada in the past 14 days and are currently under quarantine order?

If a participant responds YES to question 1, they are not permitted to participate in any ringette activities and should be directed to complete the [BC Self-Assessment tool](#).

For more information visit the [Ringette BC COVID-19 Resource Hub](#) and the viaSport Return to Sport [website](#).